

SYMPTOMS AND EFFECTS OF MIGRAINE

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INTRODUCTION

In this disease patient observe head ache on left or right side of the head, with pain associated with nausea, vomiting, photophobia, in this disease during sun rising patient feel more pain & during sunshine patient feel better overcome from severe pain

TYPES OF MIGRAINE

The following types of migraine are as under:

- Bacilaric migraine
- Hemiplegic migraine
- Periodic migraine
- Post traumatic migraine
- Ophthalmoplegic migraine
- Without head ache migraine

CAUSES OF MIGRANE

In this disease the fallowing causes are found:-

- Excessive menorrhagia
- Cronic lactation
- Hysteria
- Constitupation

- Indigestion
- Stress
- Anemia
- Vision defects
- Heredity
- Insomnia
- Starvation
- Hypersensitive
- General weakness
- Arthritis
- Toxemic malaria

SYMPTOMS OF MIGRAINE

The main three factors of migraine are as following:-

- Unilateral
- Headache
- Nausea , vomiting

At the onset of invasion patient feels weakness, lethargy and slight head ache, photophobia, othelgia , there is pulsation of temporal vans , hypersensitivity of voice & light , patient cannot move due to headache. Sometimes it causes defect on vision, if the disease is not treated properly, some patients losses vision, some patients develop cataracts. The head ache is commonly on one side , yet the pain is feeling on one side the head is hot on touching pillar color of face shivering of body , pulse slow , severe head ache cause nausea and vomiting , vomiting contents are associated with gastric contents, the pain radiates to eyes , some patients goes to unconscious

Duration of head ache 2-3 hours some times in 24 hours , in several cases three days after the attack subsides patient wants to sleep , and after awake the patient feels better, in male the percentage is 6% and in female its 20% in old ages it's found very rear

Differential Diagnosis of Migraine & Trigeminal Neurology Are as following:

Migraine

- i. In migraine they had ache is unilateral
- ii. Nausea & vomiting occurs
- iii. It's mostly found in females

Neurology

1. In Neurology the pain is on fontal ophthalmic and cheek of face
2. Vomiting not occurs
3. It's mostly found in old age groups

BIOCHEMISTRY INVESTIGATION

- ✓ Cbc
- ✓ Ct head

TREATMENT

Allopathic

- Calcium channel blockers
Flunarizine 10 mg
- Ant dispersants
Tryptomar 10 -25 mg
- Beta Blockers
Propanolol 10-20 mg

Natural treatment

- Avoid stress
- Walk early in the morning
- After sunsets take meals

Ayurvedic

- ❖ Grinde the tablet of qurse muslas & mix it with water and put on forehead
- ❖ Qurse dawal shafa take two tablets along with khambir gawazan ambri bed time
- ❖ Take Moumajun nonkha after meals
- ❖ Apply locally on head rogan kahou
- ❖ Tirifil zamani 7 gram BD.

CONCLUSION

The Present study reported about the effects of migraine, its observed that most of people is effected by migraine, is just like a common headache in nature, but its different to normal headache, Migraine headache associated with pain, nausea, vomiting, photophobia during sunshine patient reported more pain.

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