

## TREATMENT OF DISEASES BY TRADITIONAL MEDICINES

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### INTRODUCTION

As per the history of traditional medicine, India plays a vital role. Since Regvadas traditional medicines was used in India to cure several disease. Mostly this profession was under Vadjis/Hakimsabs and also elderly peoples know about preparation of this type of traditional medicines. In houses this traditional system was performed in minor diseases. If the meager diseases was cure by professional persons such as Vadji/Hakim, which has knowledge of this medicinal system. Now adays this system of medicine has removed by allopathic drugs which has toxic effects cure one disease and create another disease. Ayurvedic and Unani system was safe without sideeffect , it takes long time in treatment to cure a disease but cure diseases perfectly safely , remove roots of disease. Researchers has observed allopathic medicines has high toxic effect, sometimes create reaction which can suffer a person to paralysis, death. As per the observation of scientists, researchers & doctors they find mostly allopathic drugs are not safe.

**USEFUL TRADITIONAL MEDICINES WHICH CURE SOME DANGEROUS DISEASE ARE AS FOLLOWING:**

### PARALYSIS TREATMENT BY TRADITIONAL MEDICINES REQUIRED INGREDIENTS

	INGREDIENTS	QUANTITY
1	Slijeet	20 Gram
2	Honey	15 Gram
3	Dasi Gee	10 Gram
4	Ashvgandha	20 Gram

5	Apple juice	30 ML
6	Coconut 5 gram	5 Gram
7	Water	100 ML

### Formation

Grinde siljeet , ashvghanda & coconut in grinding machine . After grinding mix Dasi Gee 10 gram, Honey 15 gram, Apple juice 30 ml & water 100 ml. after completing this formation put these ingredients in to a pot and boil upto 10 mints. After that refine this formation. And Put in to 100 ml bottle. Take two teaspoons after meals. Take these medicine for one month there is no side effect.

### HART BLOCKAGE TREATMENT BY NATURAL INGREDIENTS

	INGREDIENTS	QUANTITY
1	Garlic	20 ML
2	Lemon juce	20 ML
3	Adrak	20 Gram
4	Alovera juice	10 ML
5	Apple juice	30 ML

### Formation

Simple formation of above ingredients is as fallowing:

Take 20 ml Garlic juice, 20 ml Lemon Juice , 10 ml Alovera Juice, 30 ml Apple Juice, mix these all juices . grinde adrak and mix with these juices . after that boil these ingredients upto 10 mints . after completing of formation put in a bottle and take two teaspoons TID , fallow this producer up to 2 months

**LOBACK ARTHRITIS TREATMENT BY TRADITIONAL MEDICINES**

	<b>INGREDIENTS</b>	<b>QUANTITY</b>
1	Suranjan	10 GM
2	Yograg Gogal	20 GM
3	Nuxvoo mica	5 GM
4	Camphor	2 GM
5	Chobchani	15 GM

**Formation**

Take 10 Gm. Suranjan, 20 Gm. Yograg Gogal, 5 Gm. Nuxvoo mica, 2 Gm. Camphor & 15 Gm. Chobchani. Grind all the ingredients, make these ingredients in a powder form and take 5 gm After meals BD

**RHINITIS TREATMENT BY TRADITIONAL MEDICINES**

	<b>INGREDIENTS</b>	<b>QUANTITY</b>
1	Ginger	10Gm
2	Ghulbanshfa	10gm
3	Gowzaban	10 gm
4	Ustkhodes	10 gm
5	Filfilsiya	5gm
6	Water	500 ML

## Formation

Take 10 Gm. Ginger, 10 Gm. Ghulbanshfa, 10 Gm. Gowzaban, 10 Gm. Ustkhodes, 5 Gm. Filfisiya & 500 ML water boil all the ingredients in a pot upto 20 mints. After that refine juice of all ingredients and drink thrice a day.

## CONCLUSION

The present study reported about treatment of disease by traditional medicines, it has been observed that traditional medicine is used in every household since vadic age. These types of medicines are used in early stage of disease. Sometimes it will be helpful if the disease is on early stage. Most people prefer this medicine because it's safe.

## REFERENCES

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