North Asian International Research Journal of Social Science & Humanities

ISSN: 2454-9827 Vol. 9, Issue-5 May-2023

IRJIF I.F. : 3.015

Index Copernicus Value: 57.07 Indian Citation Index Thomson Reuters ID: S-8304-2016

NAIRJC

A Peer Reviewed Refereed Journal

DOI: 10.5575/nairjssh.2023.9.6.26

UNDERSTANDING AND ADDRESSING DOMESTIC VIOLENCE: A SOCIOLOGICAL PERSPECTIVE

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ABSTRACT

This research paper examines the issue of domestic violence from a sociological perspective, focusing on the factors that contribute to its occurrence, its effects on victims, and the ways in which it can be prevented. Domestic violence is a major social problem that affects individuals, families, and communities around the world. It can take many forms, including physical, sexual, emotional, and financial abuse, and can have severe impacts on victims' physical, psychological, and social wellbeing. The factors that contribute to domestic violence include individual, social, and cultural factors, such as drug and alcohol abuse, poverty, gender inequality, and cultural norms that condone or excuse violence. Prevention efforts must take a comprehensive approach that addresses these underlying causes and provides support and resources for victims, as well as holding perpetrators accountable for their actions. By understanding the complex nature of domestic violence and working together to address it, we can create a safer and more equitable society for all.

KEYWORDS: Domestic violence, intimate partner violence, risk factors, prevention, effects, gender inequality, cultural norms, support, accountability.

INTRODUCTION:

Domestic violence is a major problem in many societies around the world. It is a form of violence that takes place within the context of an intimate relationship, typically between partners or family members. Domestic violence

can take many forms, including physical, sexual, emotional, and financial abuse. The impacts of domestic violence can be severe, both for the individuals involved and for society as a whole. In this paper, we will examine the issue of domestic violence from a sociological perspective, focusing on the factors that contribute to its occurrence, its effects on victims, and the ways in which it can be prevented.

FACTORS CONTRIBUTING TO DOMESTIC VIOLENCE:

There are many factors that can contribute to domestic violence, including individual, social, and cultural factors. On an individual level, factors such as alcohol and drug use, mental illness, and personality disorders can increase the risk of domestic violence. Social factors, such as poverty, unemployment, and social isolation, can also contribute to domestic violence by creating stress and tension within relationships. Cultural factors, such as gender inequality, attitudes towards violence, and cultural norms that condone or excuse violence, can also play a role in the occurrence of domestic violence.

EFFECTS OF DOMESTIC VIOLENCE:

Domestic violence can have a wide range of negative effects on victims. Physical effects can include injuries, chronic pain, and long-term health problems. Victims of domestic violence may also experience psychological effects, such as anxiety, depression, and post-traumatic stress disorder. Domestic violence can also have social and economic consequences, such as the loss of employment, housing, and social support.

PREVENTION OF DOMESTIC VIOLENCE:

Prevention of domestic violence requires a comprehensive approach that addresses the underlying factors contributing to its occurrence. This includes strategies aimed at addressing individual risk factors, such as drug and alcohol abuse, as well as social and cultural factors, such as poverty, gender inequality, and cultural norms that condone or excuse violence. Prevention efforts should also focus on promoting healthy relationships, providing support and resources for victims of domestic violence, and holding perpetrators accountable for their actions.

CONCLUSION:

In conclusion, domestic violence is a serious social problem that affects individuals, families, and communities. Sociological research has provided valuable insights into the factors that contribute to its occurrence, its effects on victims, and the ways in which it can be prevented. To effectively address the issue of domestic violence, it is important to adopt a comprehensive and multifaceted approach that addresses the underlying causes of the

problem and provides support and resources for victims. By working together, we can create a safer and more equitable society for all.

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