

A COMPARATIVE STUDY OF PERSONALITY TRAITS AMONG MALE AND FEMALE SPORTS PLAYERS

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ABSTRACT

The present study focused on the personality traits of sports players, due to the difference in gender there is significance difference in the level of personality traits among the sample group, many research works already shown that there was influence of gender on the personality traits of the sample groups. In the present research work the investigator wanted to reveal the influence of the gender factor on the personality traits of the sports players, the study objectives as follows, to find out the level of personality traits of sports players of Gulbarga University. To compare the personality traits among male and female sports players, the study hypothesis – there would be significance difference in the personality traits of sports players due to difference in their gender groups. The sample of the study – fifty male sports players and fifty female sports players taken as a sample for the research study. Research design – the investigator made the two sample groups as male and female group and given the instruction about the study, conducted test on the personality traits 16 pf of R.B.Catells scale was used to measure the traits among the sports players Tools used - 16 pf of R.B.Catells scale was used to measure the traits among the sports players both male and female, the investigator tested only five personality traits in the study. Statistical tools – mean, SD, t tests were used to find out the influence of the gender factor on the personality traits of sports players of Gulbarga university.

Key word – Personality traits, Gender.

INTRODUCTION

Meaning and Definition of Personality:

The term personality has been derived from the Latin word “Persona” that was associated with Greek theatre in ancient times. Persona was meant mask which the Greek actor’s commonly used to wear before their faces when they worked on stages. The word personality’s very wider and abstract in its concept and meaning. **Allport**

(1937) called personality one of the most abstract words in our language and listed 50 distinct meaning that were derived from fields as diverse as theology, philosophy, sociology, law and psychology. Although there is some disagreement among contemporary personality theorists about the meaning of personality but there is agreement what people generally do is influenced by stable characteristics that is their personality. He defined personality synthetically as, “Personality is the dynamic organization within the individual of those psychological systems that determine his unique adjustments to his environment”.

Sixteen Personality Factor Test

In a rapidly developing psychological field, different psychologists on diverse fields, e.g. clinical, experimental, educational, interpersonal, occupational and vocational many other have made different, temporary and semi popular factor analytical experiments for misusing personality of person. Technically accurate and widely repeated experiments of this kind are necessary to demonstrate that the separate traits or dimensions of personality which test scales measure correspond too uniquely, functionally unitary and psychologically significant course traits. One of them is the 16 P.F which is not a questionnaire compared of as fitrary scales, but consists of scales carefully oriented and groomed to basic concepts in human personality structure research, Its publication was under taken to meet the demand of research psychologists for a personality – measuring instrument duly validated with respect to the primary personality factors, and rooted in basic concepts in general psychology.

The Main Utilities of the Test

The devise psychological user of 16 P.F can be summarized in the properties of the test. A second important feature is the orientation of the scales are not set up in terms of subjective or a prior concepts, but are directed to previously located natural personality statuses related to the way personality actually develops. Thirdly, because it deals with such basic personality concepts the measurements become increasingly reliable to an organized and integrated body of practical and theoretical knowledge in the clinical, educational, industrial and basic research fields and lastly the 16 P.F scale, make possible comprehensive coverage of both factors discovered and needed in prediction.

METHOD

Research design –total One hundred sports players were selected on random sampling method and the investigator made the two sample groups as male and female group than given the instruction about the study, conducted test on the five major traits in personality, 16 PF of R.B.Catells scale was used to measure the traits among the male and female sports players, the collected data was scrutinized and compared among the sample groups.

OBJECTIVES

- ❖ To measure the level of personality traits of male sports players of Gulbarga University.
- ❖ To measure the level of personality traits of female sports players of Gulbarga university
- ❖ To compare the personality traits among the male and female sports players.

HYPOTHESIS

- ❖ There would be significance difference in the personality traits of sports players due to difference in their gender
- ❖ There would be influence of gender on the personality traits among the sample.

THE SAMPLE

Total One hundred sports players were selected on random sampling method and the investigator made the two equal sample groups as male and female group.

DATA COLLECTION

The questionnaire was given to sample groups both male and female sports players, before the test the investigator given the needful instructions to the sports players. The time was fixed by scholar for the test.

TOOLS USED

16 PF scale developed by R.B.Catells, scale was used to measure the traits among the sports players, the investigator tested only five personality traits in the study.

Statistical tools – mean, sd, t tests were used to find out the influence of the gender factor on the personality traits of sports players of Gulbarga university.

Table 1 Showing the Mean scores SDs and t-value of personality traits of Male and female sports players of Gulbarga district

SAMPLE		A	B	C	E	F
Male	M	6.26	6.03	6.53	6.25	6.45
	SD	1.44	1.50	1.79	1.36	1.75
Female	M	3.95	3.71	3.88	3.98	3.90
	SD	1.47	1.91	1.32	1.28	1.61
t-value		8.31**	7.40*	8.68**	9.01**	7.83**

Significant at 0.01 and 0.05 levels.

The table indicates that Male players have relatively high score in the **Factor A:** (Reserved V/s Outgoing) than the Female players, the obtained t-value is significant at 0.01 level. This says that Male players are outgoing, warm, easygoing, are kind, participative and likes people than Female players are found to have the characteristic of personality like being cool, reserved, impersonal, detached, formal and aloof than male players. In **factor-B** (Concrete Vs Abstract thinking) Male players have mean of and Female players have lower score. The obtained t-value is significant at 0.05 level. This reveals that Male players are more intelligent, bright and have abstract thinking, while Female players have concrete-thinking. This clearly states that there is significant difference In due to the gender. **Factor-C** (Emotionally less stable Vs Emotionally stable) the Female players have relatively lower Mean than the male. The t-value is significant. This reveals that male players are emotionally stable, mature, face reality and calm than the Female players. In **Factor-E** (Submissive Vs Dominant) the Male players have scored relatively higher mean than the Female players. The t-value is significant. This reveals that the male players are stubborn, aggressive, competitive and assertive than the Female players. In the **Factor-F** (Sober Vs Enthusiastic) and Female players have scored lower than the Male players, the t-value is significant at 0.01 level. Thus male players are found to be enthusiastic, spontaneous and expressive than the Female players who are restrained and serious. The male sports players are having the stable personality traits than the female sports players of the sample.

CONCLUSION

The result of the study showing that the male sports players are more outgoing, abstract thinking, Emotionally stable, dominated, enthusiastic than the female sports players of the Gulbarga university.

REFERENCES

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