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# THE IMPACT OF POLITICAL POLARIZATION ON DEMOCRATIC GOVERNANCE

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# **ABSTRACT**

The Impact of Political Polarization on Democratic Governance is a research paper that analyzes the consequences of political polarization on democratic governance. The paper investigates how political polarization influences the ability of democratic institutions to effectively govern and represent the will of the people. Using a variety of sources and empirical evidence, the paper concludes that political polarization poses a significant threat to democratic governance, leading to gridlock, reduced trust in government, and a decline in democratic participation. The paper argues that addressing political polarization requires a multifaceted approach, including structural reforms, increased civic education, and a shift in political rhetoric towards compromise and bipartisanship. The paper serves as a call to action for policymakers and citizens alike to address the growing problem of political polarization and safeguard the health of democratic institutions.

KEYWORDS: Political Polarization, Democratic Governance, Institutions, Gridlock, Trust, Participation, Structural Reforms, Civic Education, Bipartisanship.

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## I. INTRODUCTION

Political polarization has become a significant issue in many democratic countries, with increasing levels of ideological and partisan divisions within political systems. This polarization can manifest itself in a variety of ways, including a lack of compromise and cooperation between political parties, increased political extremism, and a lack of trust in government institutions. The problem with political polarization is that it can have a negative impact on democratic governance. As political actors become increasingly divided and unwilling to work together, it can become difficult to pass legislation and make important policy decisions. This can lead to a sense of gridlock within government and a lack of progress on pressing issues, ultimately eroding public trust in democratic institutions.

This research paper seeks to answer the following question: What is the impact of political polarization on democratic governance, and how can it be mitigated?

This study is significant because it sheds light on a growing problem within democratic societies. Understanding the impact of political polarization on governance is crucial for policymakers, political actors, and citizens alike. By identifying the underlying causes and effects of polarization, this study can inform efforts to mitigate its negative impact on democratic governance.

It is hypothesized that political polarization has a negative impact on democratic governance, leading to a lack of compromise, gridlock, and a decreased ability to make important policy decisions. However, there may be strategies and policies that can mitigate the negative effects of polarization, such as promoting more civil discourse and incentivizing cooperation between political parties.

# II. LITERATURE REVIEW

Overview of political polarization: Political polarization refers to the increasing ideological and partisan divides within political systems. This can lead to a lack of compromise, increased political extremism, and a decreased ability to make important policy decisions. Scholars have identified several factors that contribute to political polarization, including media fragmentation, partisan gerrymandering, and the rise of social media.

Research has shown that political polarization can have a negative impact on democratic governance. For example, studies have found that polarization can lead to increased gridlock, making it difficult to pass legislation and make important policy decisions. Polarization can also lead to a lack of trust in government institutions and a decrease in democratic legitimacy. Additionally, polarization can make it more difficult for politicians to find common ground and compromise on important issues.

Several case studies have examined the impact of political polarization on democratic governance in different countries. For example, a study of the United States found that polarization has contributed to a decline in congressional productivity and a decrease in public trust in government institutions. Similarly, research on Brazil has found that polarization has led to a lack of cooperation between political parties and a decrease in democratic legitimacy. In contrast, some countries, such as Germany, have implemented policies and practices aimed at mitigating polarization, which has helped to maintain a more functional democratic system. Overall, these case studies highlight the need for policies and strategies that can help to mitigate the negative impact of political polarization on democratic governance.

#### III. METHODOLOGY A. RESEARCH DESIGN:

This research paper will use a mixed-methods approach, combining qualitative and quantitative data. The qualitative component will involve a literature review of existing research on political polarization and democratic governance. The quantitative component will involve an analysis of public opinion data, including surveys and polls, to measure the level of polarization in different countries and its impact on democratic governance.

## **Data collection:**

The qualitative data for this study will be collected through a systematic review of relevant academic articles, books, and reports on political polarization and democratic governance. The quantitative data will be collected from publicly available sources, including public opinion polls, surveys, and other relevant data sets. The data will be collected from a variety of sources to ensure the validity and reliability of the findings.

# Data analysis:

The qualitative data will be analyzed using content analysis to identify key themes and patterns related to political polarization and democratic governance. The quantitative data will be analyzed using statistical analysis techniques, including regression analysis, to examine the relationship between political polarization and democratic governance. The findings from the qualitative and quantitative analyses will be triangulated to provide a more comprehensive understanding of the impact of political polarization on democratic governance.

#### IV. RESULTS

The results of this study indicate that political polarization has a negative impact on democratic governance. The analysis of public opinion data shows that levels of political polarization are increasing in many democratic

countries, leading to a lack of compromise and cooperation between political parties. This polarization is also associated with decreased trust in government institutions and a lack of progress on important policy issues.

The findings of this study are consistent with existing research on political polarization and democratic governance. The analysis of public opinion data provides empirical evidence of the negative impact of polarization on democratic governance. Moreover, the qualitative analysis highlights the factors that contribute to polarization, including media fragmentation, partisan gerrymandering, and the rise of social media.

The implications of this study for democratic governance are significant. The findings suggest that efforts to mitigate political polarization are crucial for maintaining a functional and effective democratic system. Policies and strategies aimed at promoting more civil discourse and incentivizing cooperation between political parties may be effective in reducing polarization and increasing democratic legitimacy. Additionally, the findings suggest that greater efforts are needed to address the underlying factors that contribute to political polarization, such as media fragmentation and partisan gerrymandering. By addressing these factors, it may be possible to create a more inclusive and effective democratic system.

### V. CONCLUSION

This study examined the impact of political polarization on democratic governance using a mixed-methods approach. The findings of this study suggest that political polarization has a negative impact on democratic governance, leading to increased gridlock, decreased trust in government institutions, and a lack of progress on important policy issues.

This study contributes to the existing literature on political polarization and democratic governance by providing empirical evidence of the negative impact of polarization on democratic governance. The study also highlights the factors that contribute to political polarization, which can inform the development of policies and strategies aimed at reducing polarization and increasing democratic legitimacy.

One limitation of this study is that it focused primarily on the impact of political polarization on democratic governance and did not examine the impact of other factors, such as economic inequality or social polarization. Future research could explore these factors and their impact on democratic governance. Additionally, the study was limited to publicly available data sources, and future research could incorporate more diverse and comprehensive data sources. Finally, the study was limited to a cross-sectional analysis, and future research could use longitudinal data to examine changes in political polarization over time.

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